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Prediction of Cardiovascular Disease Using Machine Learning Techniques

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Abstract: The medical and health-care industries gather vast volumes of data that could include some secret knowledge that can help make better decisions. Advanced data mining methods are used to provide appropriate results and make successful data decisions. A neural network is used in an efficient cardiovascular disease prediction method to predict the risk level of heart disease. For prediction, the device uses a variety of medical parameters such as age, sex, blood pressure, cholesterol, and obesity. The cardiovascular disease prediction method forecasts the risk of heart disease in patients. Relationships between people are an example of significant understanding. It allows medical causes and trends linked to heart disease to be identified. As a training algorithm, we used a multilayer perceptron neural network with back propagation. The obtained results show that the designed diagnostic device is capable of accurately predicting the risk of heart disease.

Keywords: Genetic Algorithm, Data mining, Naive Bayes, Multilayer perceptron neural network, Machine Learning, Deep Learning, Neural network.

I. INTRODUCTION

Many contributing risk factors, such as high cholesterol, irregular pulse rhythm, diabetes, high blood pressure, and many others, make it difficult to detect cardiovascular disease. Various data mining, machine learning and neural network methods have been used to determine the magnitude of cardiovascular disease in humans. Nave Bayes (NB) and the Genetic Algorithm (GA). It must be treated with caution since the importance of cardiovascular disease is nuanced. Failure is resulting into premature death or can harm the heart. Health research, machine learning and data mining was used to discover various types of metabolic syndromes. Decision trees have also been used to calculate the accuracy of incidents linked to cardiovascular disease [5]. For the prediction of cardiovascular disease, numerous methods of information abstraction have been used, contains data mining methods which are medically proven. Several researches were conducted in order to build a prediction model using not only various techniques, but also by encapsulating two or more techniques. For classification, a dataset with a radial basis function network (RBFN) is used, with more than 70% of the detail used for training data and the remaining more than 30% for classification. In medical science, we also developed the Computer Aided Decision Support System (CADSS). Previous research has shown that using machine learning and data mining techniques in the healthcare industry reduces the time it takes to detect disease and produces more reliable outcomes. We consider using the Genetic Algorithm (GA) to diagnose cardiovascular disease [2]. This method uses effective association rules inferred with the Genetic Algorithm (GA) for selection of tournament, the mutation which gives results in the new proposed fitness method for experimental validation and crossover. We use the well-known dataset which is collected from a UCI machine learning repository we'll see how our research stack up against some of the more well-known knowledge supervised learning methods later on [8]. The most powerful evolutionary algorithm Particle Swarm Optimization (PSO) is introduced and some important rules are implemented for cardiovascular disease. Age, pulse rate, sex, and many others. Heart disease (CVD) generally refers to condition that includes blocked blood vessels or narrowed that can lead to a Myocardial infarctions (heart attack), stroke or chest pain (angina). The term heart disease is sometimes called interchangeably with the term cardiovascular disease [9].

II. LITERATURE SURVEY

The collected and recognized data can be used by social insurance directors to demonstrate indicators of progress administrations. In countries such as India and the United States, coronary disease was the leading cause of death. Naive Bayes experiences different forms of heart-related issues when performing machine learning calculations such as a Logistic relapse, irregular woods, angle boosting, and Support vector machine and order calculations, for example. These measurements can be used to improve information storage for practical and legal purposes [4].



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2.1 Logistic Regression

For binary classification, logistic regression is well-known, and it is one of the most effective machine learning algorithms. Because of its simplicity, it can be applied to a wide variety of problems and offers appropriate solutions [7]. It operates on a categorical dependent variable. Binary dependent variables such as 0s or 1s, pass or fail are used [6].

2.2 Naive Bayes

The Navies Bayes classifier, which employs the Bayesian algorithm, is one of the best classification algorithms in machine learning. The Naive Bayes classification algorithm is highly scalable, and it necessitates linear variables in the form of predictor variables in the problem statement. It's the same for classification and regression, and it's difficult [2].

2.3. Support Vector Machine

Another classification technique is Support Vector Machines which separates data values by the creation of hyper planes. Hyper planes can be of various shapes based on the spread of data, but only those points which help in differentiating between the classes are considered for classification [3].

2.4. Kernel Functions

If data points are in nonlinear fashion, the kernel function makes them in linear decision plane. Some Kernel functions are as follows:

a. Linear Function: In these type of kernel the hyper surface is a straight line. Best results are provided by Linear Kernel functions for classifiers which are exactly two target classes.

b. Radial Basis Function: When points cannot be separated in a linear fashion that time it uses Radial Basis Function. The function bring points into a various shape generally circular/radial fashion to perform further actions.

c. Polynomial Function: In this type of kernel functions the hyper plane is mostly a polynomial like hyperbola, parabola [8].

2.5 Random Forest

Random forest is a regression and classification machine learning algorithm. For each parameter, it implements a decision tree [1]. It corrects their training data sets over fitting. By following the steps of data pre-processing and data interpretation, it also prevents outliers and missing values. It is a machine learning approach that encapsulates weak models to develop a dynamic model. The random forest tree depicts the different decision trees associated with the model [5]. The American cardiovascular Association's Statistics Committee always tracks and reviews sources of data on cardiovascular disease and stroke in the country so that the annual Statistical Update contains the most up-to-date information. The United states 2021 Statistical Update is the product of a year's worth of work by scientists, volunteer physicians, American Heart Association employees and government professionals [10]. This year's version provides informative data on population-level heart health monitoring and benefits, as well as a greater research on adverse pregnancy outcomes, social determinants of health, the global burden of cardiovascular disease, vascular contributions to brain health and more evidence-based approaches to improving cardiovascular disease-related behaviours[9]. Metaregression and Subgroup analyses are two strategies that can be used to predict the investigation of treatment effects associated with the discrepancies between studies and causes of heterogeneity [10]. Subgroup analyses evaluate and divide data according to variables of interest that were predicted a priori during the initial protocol stage. However, the estimates and their confidence intervals for all subgroups should be used to interpret the analyses [8]. In the medical_elds directly related to this article, there is lots of related work. In the ANN, medical _eld has been developed to achieve the highest accuracy prediction [8]. Cardiovascular disease is forecasted using ANN's back propagation multilayer perception (MLP). When the obtained results are compared to the results of existing models in the same domain, they are found to be superior [6]. Patterns are discovered using DT, NN, Support Vector Machines (SVM), and Naive Bayes on data from cardiovascular disease patients obtained at the UCI laboratory. With these algorithms, the efficiency and accuracy of the results are compared. The proposed hybrid function competes with other current methods [9] by returning results of 86:8 precent for F-measure. Without segmentation the Convolutional Neural Networks (CNN) classification is added. During the training data process, the Electrocardiogram (ECG) signals are used to identify and calculate heart cycles with different initial locations. In the patient's testing data process, CNN can produce features in a variety of positions [5], [6]. Previously, a significant amount of data produced by the medical industry was not effectively utilized. The new functions presented here are simple and successful in lowering the cost and improving the forecasting of cardiovascular disease prediction and classification using data mining and machine learning (ML) and deep learning (DL) techniques are highly accurate [4].

III. PROPOSED SYSTEM

The patient information is included in the datasets. The attributes that are useful for the prediction of heart disease are chosen by attribute collection. Following the identification of data from available resources, it is further selected for





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processing, which involves data cleaning and noise reduction (i.e. missing data). To determine the likelihood of developing heart disease, different classification algorithms are applied to the pre-processed data. It also determines algorithm accuracy and compares algorithm accuracy across all algorithms [15].



Fig. 1 Proposed System

IV. HIGH LEVEL DESIGN



V. DATA MINING TECHNIQUES RESULTS

All input parameters in terms of their significance based on the results obtained from each technique using various functions as.

TABLE I DATA MINING TECHNIQUES RESULTS

Accuracy	Specificity	Sensitivity	Method
0.8433	0.895	0.7826	SVM
0.81	0.8395	0.7753	KNN K=7
0.8366	0.8641	0.8043	Naive Bayes
0.79	0.8148	0.7608	Decision Tree

4.1 High Level Design



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VI. DATA PRE-PROCESSING

After collection of various records cardiovascular disease data is pre-processed. The dataset includes a total of some patient records, where some records are with few missing values. Those records have been removed from the dataset and the remaining patient records are used in pre-processing. The binary classification and multiclass variable are introduced for the parameters of the given dataset. The multi-class variable is used to identify the presence or absence of cardiovascular disease. The pre-processing of data is used out by converting medical records into diagnosis values [14]. The results of pre-processing data is for remaining patient records indicate that some records show the value of 1 establishing the presence of cardiovascular disease while the remaining reflected the value of 0 indicating the absence of cardiovascular disease [11].

TABLE II UCI DATASET ATTRIBUTES DETAILED INFORMATION

Attribute Description		Туре
Age	Patient's age in completed years	Numeric
Sex	Patient's Gender (male represented as 1 and fe- male as 0)	Nominal
Ср	The type of Chest pain categorized into 4 values:	Nominal
Trestbps	 typical angina, 2. atypical angina, 3. non- anginal pain and 4. asymptomatic Level of blood pressure at resting mode (in 	Numeric
-10000000000	mm/Hg at the time of admitting in the hospital)	1111111111111111
Chol	Serum cholesterol in mg/dl	Numeric
FBS	Blood sugar levels on fasting > 120 mg/dl; repre- sented as 1 in case of true, and 0 in case of false	Nominal
Resting	Results of electrocardiogram while at rest are represented in 3 distinct values: Normal state is represented as Value 0, Abnormality in ST-T wave as Value 1, (which may include inversions of T-wave and/or depression or elevation of ST of > 0.05 mV) and any probability or certainty of 1V hypertrophy by Estes' criteria as Value 2.	Nominal
Thali	The accomplishment of the maximum rate of heart	Numeric
Exang	Angina induced by exercise. (0 depicting 'no' and 1 depicting 'ves')	Nominal
Oldpeak	Exercise-induced ST depression in comparison with the state of rest	Numeric
Slope	ST segment measured in terms of the slope dur- ing peak exercise depicted in three values: 1. unsloping, 2. flat and 3, downsloping	Nominal
Ca	Fluoroscopy coloured major vessels numbered from 0 to 3	Numeric
Thal	Status of the heart illustrated through three dis- tinctly numbered values. Normal numbered as 3, fixed defect as 6 and reversible defect as 7.	Nominal
Num	Heart disease diagnosis represented in 5 values, with 0 indicating total absence and 1 to 4 repre- senting the presence in different degrees.	Nominal

TABLE III UCI DATASET RANGE AND DATA TYPE

AGE	Numeric [29 to 77;unique=41;mean=54.4;median=56]
SEX	Numeric [0 to 1;unique=2;mean=0.68;median=1]
СР	Numeric [1 to 4;unique=4;mean=3.16;median=3]
TESTBPS	Numeric [94 to 200;unique=50;mean=131.69;median=130]
CHOL	Numeric [126 to 564;unique=152;mean=246.69;median=241]
FBS	Numeric [0 to 1;unique=2;mean=0.15;median=0]
RESTECG	Numeric [0 to 2;unique=3;mean=0.99;median=1]
THALACH	Numeric [71 to 202;unique=91;mean=149.61;median=153]
EXANG	Numeric [0 to 1;unique=2;mean=0.33;median=0.00]
OLPEAK	Numeric [0 to 6.20;unique=40;mean=1.04;median=0.80]
SLOPE	Numeric [1 to 3;unique=3;mean=1.60;median=2]
CA	Categorical [5 levels]
THAL	Categorical [4 levels]
TARGET	Numeric [0.00 to 4.00;unique=5;mean=0.94;median=0.00]

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VII. COMPARATIVE RESULTS OF SPECIFICITY, SENSITIVITY, ACCURACY

This section compares the specificity, sensitivity, accuracy, and some of the employed techniques in terms of their confusion matrices. Support Vector Machine, Naïve Bayes, Decision tree, and K-Nearest Neighbour were applied to the dataset. Table 2 shows the sensitivity, specificity and accuracy of these data mining and machine learning techniques [13].

79% to 84.33% are the Accuracy ranges for cardiovascular disease prediction. SVM achieved the highest accuracy (84.33%) according to Table 1. SVM and Naïve Bayes achieved the highest accuracy, then KNN (k=7 resulted in the best accuracy as compared to other predicted values) and decision tree, respectively. IBM SPSS Modellers and Weka used for developing the data mining techniques [12].

TABLE IV CARDIOVASCULAR DISEASE DATASET INDICES

Name	Туре	Description
Age	Continuous	Age in years
Sex	Discrete	1=male
		0=female
Ср	Discrete	Chest pain type:
		1-typical angina
		2-atypical angina
		3-non-angina pain
		4-asymptomatic
Fbs	Discrete	FBS>120 (mg/dl)
		1=Yes
		0=No
Restecg	Discrete	Resting electrocardiographic
		results:
		0=Normal
		1-having ST-T wave abnormality
		2=showing probable or defined left
		ventricular hypertrophy
Trestbps	Continuous	Resting blood pressure in (mm Hg)
Exang	Discrete	Exercise-induced angenia:
		1=Yes
		0=No
Chol	Continuous	Serum cholesterol in (mg/dl)
Ca	Discrete	Number of major vessels coloured
		by fluoroscopy that range between
		0 and 3
Diagnosis	Discrete	Diagnosis classes:
		1=healthy
		2=patient who is subject to
		possible heart disease

VIII. CONCLUSION

Cardiovascular disease prediction function has been presented by using data mining and machine learning techniques. The framework is implemented using a neural network, Genetic and Naive Bayes and MLP algorithms. The MLP Model implements better results and assists medical professionals and even domain experts in planning for a earlier and better prediction and diagnosis for patients. This research's future course can be carried out using different machine learning and data mining techniques to improve prediction techniques. Furthermore, new feature selection methods can be introduced to obtain a detailed understanding of the important features and improve cardiovascular disease prediction results. Instead of using simulations and theoretical approaches, real-world datasets are used. The proposed hybrid HRFLM solution encapsulates Random Forest and HRFLM characteristics.



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