

International Advanced Research Journal in Science, Engineering and Technology

DOI: 10.17148/IARJSET.2025.12742

EXPLORING THE EVOLVING CONSUMER PREFERENCES AND BEHAVIORS BEYOND SOCIAL MEDIA: INTERACTIONS WITH DIGITAL TECHNOLOGIES AND SUSTAINABLE PRODUCTS

Dr. J. Arputha Sahaya Raj

Assistant Professor, PG Department of Commerce Computer Application, St. Joseph's College (Autonomous), Tiruchirappalli – 620 002. Tamil Nadu, India

Abstract: Consumer behavior has shifted dramatically in the digital age, evolving beyond the influence of social media to encompass interactions with smart technologies, e-commerce platforms, and sustainability-conscious consumption. Today's consumers seek convenience, personalization, transparency, and ethical value in their purchasing decisions. This study explores the transformation of consumer preferences, focusing on how emerging digital technologies and sustainable product trends shape buying behavior. Through an analysis of current data, trends, and behavioral models, this paper identifies key drivers, issues, and implications for businesses. The findings underscore the importance of digital trust, eco-awareness, and innovation in meeting the demands of future-ready consumers.

Keywords: Consumer Behavior, Digital Technologies, Sustainability, E-Commerce, Green Products

I. INTRODUCTION

In recent years, consumer behavior has witnessed a seismic shift driven by technological advancement and rising sustainability awareness. While social media continues to influence consumer choices, the scope has expanded to include artificial intelligence, voice search, AR/VR, IoT devices, and personalized shopping experiences. Concurrently, the growing environmental crisis and increased global awareness have led to a surge in demand for sustainable products and ethical brands. Consumers are now more informed, connected, and purpose-driven, seeking not only convenience but also value alignment in their purchasing decisions. Businesses, therefore, must pivot their strategies to remain relevant—integrating technological innovation with sustainability-focused offerings. This paper aims to explore this evolving landscape, identify behavioral trends beyond social media, and analyze how digital touchpoints and environmental concerns are reshaping consumer expectations. The objective is to provide insights into navigating this transformation effectively while addressing the challenges and opportunities it presents for future business practices.

Objectives:

- 1. To analyze the changing nature of consumer preferences in the digital age.
- 2. To study the influence of emerging digital technologies on consumer behavior.
- 3. To evaluate consumer attitudes toward sustainable and eco-friendly products.
- 4. To identify challenges faced by businesses in adapting to new consumer expectations.
- 5. To recommend strategies for businesses to effectively engage modern consumers beyond social media platforms.

II. REVIEW OF LITERATURE

1. Sheth, J. (2020). "Impact of COVID-19 on Consumer Behavior, examines the pandemic's lasting impact on consumer behavior, identifying a shift from traditional to digital buying behavior and from materialistic to mindful consumption. It emphasizes how digital technologies like e-commerce, telehealth, and contactless payments have redefined convenience and safety for consumers. The study forecasts a long-term shift in preferences, with consumers valuing health, safety, and sustainability more than ever. With this study demonstrates how external events reshape consumer habits toward digital and sustainable priorities.



International Advanced Research Journal in Science, Engineering and Technology

DOI: 10.17148/IARJSET.2025.12742

- 2. Lim, W. M., Ting, D. H., & Bonaventure, V. (2022), reviews over 200 studies on digital consumer behavior and identifies four key trends: personalization, omnichannel experience, trust, and sustainability. It highlights the role of artificial intelligence, chatbots, recommendation engines, and digital platforms in shaping buying decisions. The authors also point to the growing consumer expectation for brands to address ethical concerns, including environmental impact. Based on this study establishes a strong link between digital technology adoption and emerging sustainable consumer expectations.
- **3. White, K., Habib, R., & Hardisty, D. J. (2019).** The authors propose the SHIFT framework (Social Influence, Habit Formation, Individual Self, Feelings and Cognition, and Tangibility) to explain why consumers adopt sustainable behaviors. The paper emphasizes that effective communication, making green choices easy, and aligning with consumer values are key to encouraging sustainable consumption. In this study offers an evidence-based approach to understanding what motivates eco-conscious buying, critical for businesses promoting sustainable products.
- **4. Kumar, A., & Ayodeji, M. (2021).** This study analyzes the role of trust in online platforms, concluding that secure payments, data privacy, transparent practices, and peer reviews significantly influence consumer confidence and preferences in digital spaces. It also touches on the risks of data misuse and how distrust can lead to consumer disengagement. It highlights trust as a pivotal factor in consumer interaction with digital technologies beyond social media.
- 5. Prothero, A., Dobscha, S., Freund, J., Kilbourne, W. E., Luchs, M. G., Ozanne, L. K., & Thøgersen, J. (2011). This seminal paper explores the behavioral and cultural shifts necessary for sustainable consumption to become mainstream. It discusses barriers to green behavior, such as cost, availability, and perceived effectiveness, and urges policymakers and marketers to drive systemic change through education, policy, and innovation. It provides a foundational understanding of how sustainability preferences evolve and how they intersect with digital consumer journeys.

III. DATA ANALYSIS AND ELABORATION

1. Digital Technology Influence:

- AI and Personalization: 76% of consumers are more likely to purchase from brands offering personalized experiences (Salesforce, 2023).
- Voice and Visual Search: Over 50% of consumers aged 18–35 use voice assistants like Alexa or Google Assistant for shopping.
- AR/VR: Brands like IKEA and L'Oréal use AR to let customers try products virtually before purchasing.

2. E-commerce Ecosystem:

- 68% of global shoppers prefer brands offering seamless digital experiences across devices.
- Mobile commerce is expected to account for 73% of total e-commerce sales in 2025 (Statista, 2024).

3. Green Consumerism:

- 81% of global consumers feel strongly that companies should help improve the environment (Nielsen, 2023).
- Products labeled as "sustainable" grew 7.1 times faster than conventional products.

4. Consumer Trust:

- 60% of consumers hesitate to buy from brands that do not offer transparency about their sourcing and environmental impact.
- Digital reviews and trust badges now play a larger role than traditional advertising in shaping preferences.

Key Issues and Explanation:

- 1. Digital Fatigue and Data Privacy Concerns:
- 2. Consumers are overwhelmed by digital content and wary of how their data is collected and used, leading to trust deficits.

3. Greenwashing:

Many brands make exaggerated claims about sustainability, which reduces consumer confidence and creates skepticism about genuine eco-friendly products.

IARJSET



International Advanced Research Journal in Science, Engineering and Technology

Impact Factor 8.311

Refereed journal

Vol. 12, Issue 7, July 2025

DOI: 10.17148/IARJSET.2025.12742

4. Technology Accessibility Gap:

While urban consumers enjoy advanced digital interfaces, rural and low-income users face limited access, creating an inclusive engagement challenge.

5. Sustainability vs. Affordability Conflict:

Sustainable products often come at a premium price, deterring budget-conscious consumers despite their good intentions.

6. Overreliance on Algorithms:

Excessive algorithm-based targeting can lead to "filter bubbles," where consumers are not exposed to diverse or meaningful product options.

IV. CONCLUSION

The landscape of consumer behavior is undergoing rapid transformation, driven by technological evolution and an increasing emphasis on sustainability. While social media remains a significant influence, consumers now engage with a broader spectrum of digital tools and platforms, demanding convenience, personalization, and responsible consumption. Businesses must recognize this shift and respond with authenticity, transparency, and innovation.

Addressing data privacy concerns, combating greenwashing, and ensuring digital accessibility are crucial to building long-term trust. Additionally, aligning with the values of eco-conscious consumers through affordable and verifiable sustainable practices will define competitive advantage in the coming years.

Understanding these evolving behaviors enables businesses to tailor strategies that not only meet expectations but also inspire loyalty in an ever-changing marketplace. Embracing a consumer-centric approach that goes beyond transactional value will be essential in navigating the next decade of digital and ethical commerce.

Major Suggestions:

1. Invest in Consumer-Centric Digital Platforms:

Create seamless, cross-platform experiences using AI, AR/VR, and voice assistance tailored to user needs.

2. Promote Authentic Sustainability:

Ensure transparency by using certifications (e.g., Fair Trade, FSC, etc.) and publishing sustainability impact reports.

3. Enhance Data Privacy Practices:

Implement robust data protection policies and clearly communicate them to gain consumer trust.

4. Educate Consumers:

Launch campaigns that inform consumers about sustainable choices, digital literacy, and product benefits.

5. Bridge the Accessibility Gap:

Develop lightweight apps and mobile-first interfaces to engage rural and underserved segments effectively.

6. Balance Cost and Sustainability:

Offer eco-friendly product options at multiple price points to cater to a wider demographic.

7. Use Predictive Analytics Responsibly:

Avoid over-targeting by allowing users to customize their preferences and content feeds.

8. Foster Community Engagement:

Create platforms for consumers to share feedback, participate in product development, and advocate for change.

REFERENCES

- [1]. Nielsen. (2023). Global Sustainability Report. Nielsen Holdings.
- [2]. Salesforce. (2023). State of the Connected Customer. Salesforce Research.
- [3]. Statista. (2024). Mobile Commerce Growth Worldwide. https://www.statista.com
- [4]. PwC. (2023). Future of Consumer Markets. PricewaterhouseCoopers.
- [5]. Accenture. (2022). Sustainability as a Strategy. Accenture Insights.
- [6]. Harvard Business Review. (2023). The Trust Deficit in Digital Commerce.
- [7]. Deloitte. (2024). Digital Consumer Trends in Emerging Markets. Deloitte Insights.
- [8]. World Economic Forum. (2023). Consumer Innovation and Digital Access.
- [9]. McKinsey & Company. (2024). The Rise of the Eco-Consumer. McKinsey Quarterly.
- [10]. OECD. (2023). Data Governance and Consumer Rights in Digital Economy. OECD Publishing.

IARJSET



International Advanced Research Journal in Science, Engineering and Technology

DOI: 10.17148/IARJSET.2025.12742

- [11]. Sheth, J. (2020). "Impact of COVID-19 on Consumer Behavior: Will the Old Habits Return or Die?" *Journal of Business Research*
- [12]. Lim, W. M., Ting, D. H., & Bonaventure, V. (2022). "Consumer Behavior in the Digital Era: A Review and Future Research Agenda" *Technological Forecasting and Social Change*
- [13]. White, K., Habib, R., & Hardisty, D. J. (2019). "How to SHIFT Consumer Behaviors to Be More Sustainable: A Literature Review and Guiding Framework" Journal of Marketing
- [14]. Kumar, A., & Ayodeji, M. (2021). "Consumer Trust in Digital Commerce: A Systematic Review" Electronic Commerce Research
- [15]. Prothero, A., Dobscha, S., Freund, J., Kilbourne, W. E., Luchs, M. G., Ozanne, L. K., & Thøgersen, J. (2011).
 "Sustainable Consumption: Opportunities for Consumer Research and Public Policy" Journal of Public Policy & Marketing